



# International Bobath Instructors Training Association

An international association for adult neurological rehabilitation

## IBITA

### A Competency Profile for Qualification as an IBITA Basic Course Instructor

#### INTRODUCTION

These draft competencies are focussed on skills that do not fall under the competencies for successful completion of the basic course. In particular they focus on teaching and related skills.

For qualification as an IBITA Instructor, it is also proposed that the candidate should be able to carry out all the competencies required for completion of the basic course, at a level of 5, i.e. performs the skill satisfactorily without supervision or assistance, with proficiency in speed and quality and with adaptability to special situations.

Proficiency should be demonstrated when assessing and treating persons with different degrees of severity of involvement, and at all stages from acute to chronic neurological conditions.

The candidate should be able to show evidence of varied experience.

#### COMPETENCIES

The competency profile for qualification as an IBITA Instructor is divided into the following areas:

- Teaching skills
- Interpretation and application of the underlying concept
- Interactive skills
- Organizational skills
- Self-directed learning
- Commitment to future instructor-training

1.

<b>Teaching skills</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Set learning objectives for the different sections of the core curriculum, as well as for individual teaching sessions.</li> <li>2. Select the appropriate subject content, bearing in mind the specific needs of different countries, groups and institutions.</li> <li>3. Select an appropriate level of presentation.</li> <li>4. Select appropriate and effective audiovisual teaching media</li> <li>5. Utilize a teaching style and delivery which is effective whilst allowing for individual preferences and skills.</li> </ol>	

2.

<b>Interpretation and application of the underlying concept</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Explain the underlying concept in the light of up-to-date knowledge of motor control, motor learning, neural plasticity, biomechanics and pathology.</li> <li>2. Display accuracy in the analysis of normal and abnormal movement.</li> <li>3. Display clinical skills in accordance with level 5 of the competency profile relating to successful completion of the basic course.</li> <li>4. Understand, guide and implement the use of appropriate outcome measures during the teaching of a Basic Course.</li> </ol>	

3.

<b>Interactive skills</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Communicate at an appropriate level with the course participants.</li> <li>2. Create an interactive milieu that encourages active participation of group members.</li> <li>3. Encourage discussion within the group.</li> <li>4. Recognize strengths and weaknesses of individual group members.</li> <li>5. Create learning opportunities in different situations.</li> <li>6. Generate enthusiasm and motivation.</li> <li>7. Communicate at an appropriate level with individuals treated during the course, as well as with their family and/or caregivers as appropriate.</li> <li>8. Communicate constructively with other instructors involved in the course.</li> </ol>	

4.

<b>Organizational skills</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Plan a course programme that achieves an appropriate balance between theory, practical, clinical and discussion sessions.</li> <li>2. Set up and conduct basic courses in accordance with IBITA regulations.</li> <li>3. Select appropriate patients for demonstration and treatment on the course.</li> <li>4. Prepare audiovisual material of adequate clarity and quality.</li> <li>5. Demonstrate the ability to cope with changing circumstances.</li> </ol>	

5.

<b>Evaluation skills</b>	<b>Level</b>
Upon qualification as an Instructor (basic course) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Select appropriate measures for evaluating the competency of basic course participants.</li> <li>2. Give appropriate, constructive feedback to participants (both verbal and written)</li> </ol>	

6.

<b>Self-directed learning</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will be able to:	
<ol style="list-style-type: none"> <li>1. Recognize their own strengths and weaknesses.</li> <li>2. Offer suggestions for future self-development.</li> <li>3. Know how to utilize literature and other resources for learning.</li> </ol>	

7.

<b>Instructor training</b>	<b>Level</b>
Upon qualification as an Instructor (basic courses) the candidate will:	
<ol style="list-style-type: none"> <li>1. Display willingness towards the commitment to be involved in the training of future instructors.</li> <li>2. From their experience in their own training process, be able to discuss ideas for constructive input to future candidate-instructors.</li> </ol>	

**IMPORTANT NOTICE**

Instructors may be invited to give courses in countries other than their home country. Before teaching in another country, please ensure that the contact member for the host country is aware of the invitation. If there is any doubt, please contact this member direct. Names and addresses of contact members are available on the IBITA web-site.